



## **ALLERGEN STATEMENT**

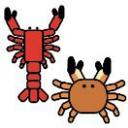
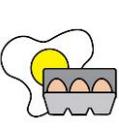
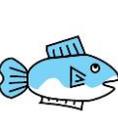
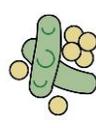
**At the Hook of Halstead, we want to make sure everyone can enjoy their dining experience with us. The following allergen information is based on supplier ingredients and our own practices and procedures.**

**We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens.**

**For customers with serious allergies, who may react to a trace of an allergen, it is important to recognise that even with our high level of control, there may still be traces of allergens present in the food. Customers with serious or life-threatening allergies are therefore asked to consider the suitability of our menu.**

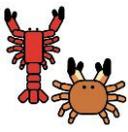
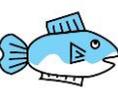
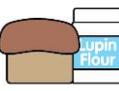
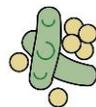
**If you require additional allergen information, please call us on 01787 827230.**

FOOD/DRINK AND THEIR ALLERGEN CONTENT – The Hook of Halstead

MAIN FOODS	NONE														
		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Chips</b>		☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	√
Cheesy chips		☒	☒	☒	☒	☒		√	☒	☒	☒	☒	☒	☒	√
Chip Butty		☒	√	☒	☒	☒		√	☒	☒	☒	☒	☒	☒	√
Chips and curry sauce		√	√	☒	☒	☒		☒	☒	√	☒	☒	☒	√	√
<b>Fish</b>															
Cod		☒	√	☒	√	√		√	☒	☒	☒	☒	☒	√	☒
Haddock		☒	√	☒	√	√		√	☒	☒	☒	☒	☒	√	☒
Rock Eel		☒	√	☒	√	√		√	☒	☒	☒	☒	☒	√	☒
Place		☒	√	☒	√	√		√	☒	☒	☒	☒	☒	√	☒
Scampi		☒	√	√	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒
Cod roe		☒	√	☒	√	√		√	☒	☒	☒	☒	☒	√	☒
Fish cake		☒	√	☒	☒	√		√	☒	√	☒	☒	☒	☒	☒
<b>Pies</b>															
Steak and kidney		√	√	☒	☒	☒		√	☒	☒	☒	☒	☒	√	☒
Beef and onion		√	√	☒	☒	☒		√	☒	☒	☒	☒	☒	√	☒

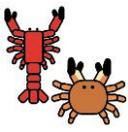
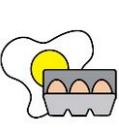
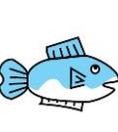
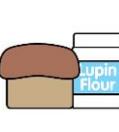
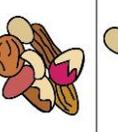
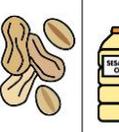
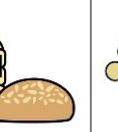
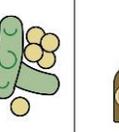
Review date: 13-01-21

# FOOD/DRINK AND THEIR ALLERGEN CONTENT – The Hook of Halstead

MAIN FOODS	ZONE														
		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>pies</b>															
Chicken and mushroom		√	√	☒	√	☒		√	☒	☒	☒	☒	☒	√	☒
Cheese and onion pastie		☒	√	☒	☒	☒		√	☒	☒	☒	☒	☒	☒	☒
<b>Sausages</b>															
Saveloy		☒	√	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	√
Jumbo and small battered sausage		☒	√	☒	√	☒		√	☒	√	☒	☒	☒	√	☒
Jumbo and small plain sausage		☒	√	☒	☒	☒		√	☒	√	☒	☒	☒	√	☒
<b>Burgers</b>															
1/4lb and 1/2 lb burger		☒	√	☒	☒	☒		☒	☒	☒	☒	☒	☒	√	√
1/4lb and ½ cheese burger		☒	√	☒	☒	☒		√	☒	☒	☒	☒	☒	√	√
Chicken burger		☒	√	☒	☒	☒		☒	☒	☒	☒	☒	☒	√	☒
Veggie burger		√	√	☒	☒	☒		☒	☒	√	☒	☒	☒	√	☒
Fish in a bun		☒	√	☒	√	√		√	☒	☒	☒	☒	☒	√	☒
Lettuce	√	☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒
Onions	√	☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒

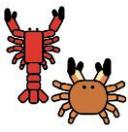
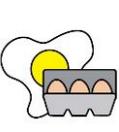
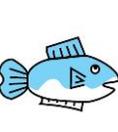
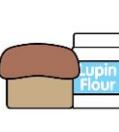
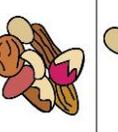
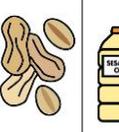
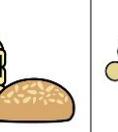
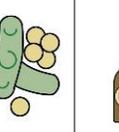
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# FOOD/DRINK AND THEIR ALLERGEN CONTENT – The Hook of Halstead

MAIN FOODS	ZONE														
		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>BURGERS</b>															
Cheese		☒	☒	☒	☒	☒		√	☒	☒	☒	☒	☒	☒	☒
Bacon		☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒
Ketchup (NOT HEINZ)		☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒
Burger sauce		☒	☒	☒	√	☒		☒	☒	√	☒	☒	☒	☒	☒
Mayo		☒	☒	☒	√	☒		☒	☒	☒	☒	☒	☒	☒	☒
<b>CHICKEN</b>															
All roast chicken		☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒
All southern fried chicken		√	√	☒	☒	☒		√	☒	☒	☒	☒	☒	☒	☒
Chicken nuggets		√	√	☒	☒	☒		√	☒	☒	☒	☒	☒	☒	☒
Boneless chicken		√	√	☒	☒	☒		☒	☒	√	☒	☒	☒	☒	☒
<b>SURF AND TURF</b>															
Scampi and SF chicken		√	√	√	☒	☒		√	☒	☒	☒	☒	☒	☒	☒
Scampi and chicken strips		√	√	√	☒	☒		☒	☒	√	☒	☒	☒	☒	☒

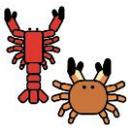
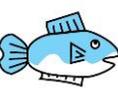
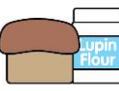
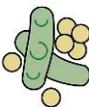
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MAIN FOODS	ZONE														
		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Kids menu</b>															
Nuggets meal		√	√	☒	☒	☒		√	☒	☒	☒	☒	☒	☒	√
Plain sausage meal		√	√	☒	☒	☒		√	☒	√	☒	☒	☒	√	√
Battered sausage meal		√	√	☒	√	☒		√	☒	√	☒	☒	☒	√	√
Saveloy meal		√	√	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	√
Cod meal		√	√	☒	√	√		√	☒	☒	☒	☒	☒	√	√
Fish cake meal		√	√	☒	☒	√		√	☒	√	☒	☒	☒	☒	√
SF meal		√	√	☒	☒	☒		√	☒	☒	☒	☒	☒	☒	√
<b>Side orders</b>															
Onion rings		☒	√	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒
Mushrooms		☒	√	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒
Veggie pancake roll		√	√	☒	√	☒		√	☒	☒	☒	☒	☒	√	☒
Curry pancake roll		√	√	☒	√	☒		√	☒	√	☒	☒	☒	☒	☒
Chinese pancake roll		√	√	☒	√	☒		√	☒	☒	☒	☒	☒	√	☒
Mushy peas		☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒
Curry sauce		√	√	☒	☒	☒		☒	☒	√	☒	☒	☒	√	√

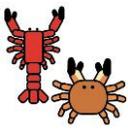
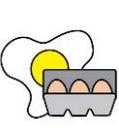
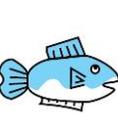
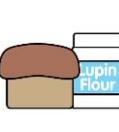
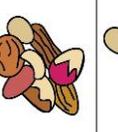
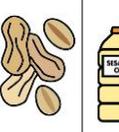
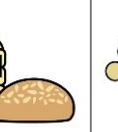
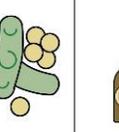
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		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Side orders</b>															
Mozzarella sticks		☒	√	☒	☒	☒		√	☒	☒	☒	☒	☒	☒	☒
Salt and pepper squid		√	√	☒	√	☒		☒	√	☒	☒	☒	☒	☒	☒
Pickled onion		☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒
Gherkin		☒	☒	☒	☒	☒		☒	☒	√	☒	☒	☒	☒	☒
Pickled egg		☒	☒	☒	√	☒		☒	☒	☒	☒	☒	☒	☒	☒
Battered roll		☒	√	☒	☒	☒		√	☒	☒	☒	☒	☒	☒	☒
Bottle of ketchup (Heinz)		√													
Bottle of onion vinegar	√														
Bottle of brown vinegar	√														
Heinz squeeze me tomato sauce		√													
Heinz squeeze me mayonnaise					√					√					
Heinz squeeze me tartar sauce					√										

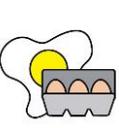
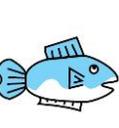
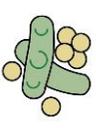
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		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Free from gluten</b>															
Cod		☒	☒	☒	☒	√		☒	☒	☒	☒	☒	☒	☒	☒
Haddock		☒	☒	☒	☒	√		☒	☒	☒	☒	☒	☒	☒	☒
Plain sausage		☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	√	√
Battered sausage		☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	√	√
Roast chicken		☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	☒
Chips		☒	☒	☒	☒	☒		☒	☒	☒	☒	☒	☒	☒	√
<b>CONDIMENTS</b>															
Salt	√														
Black pepper	√														
7-1 vinegar (on the counter vinegar)			√												

Review date: 13-01-21

# √FOOD/DRINK AND THEIR ALLERGEN CONTENT – The Hook of Halstead

SIDE ORDERS	ZONE														
		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mushy peas		☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒
Dinaclass curry sauce		√	√	☒	☒	☒	☒	☒	☒	√	☒	☒	☒	√	☒
Amiko mozzarella sticks		☒	√	☒	☒	☒	√	☒	☒	☒	☒	☒	☒	☒	☒
Salt and pepper squid		√	√	☒	√	☒	☒	☒	√	☒	☒	☒	☒	☒	☒
Fresh pack pickled onions		☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒
Drivers pickled onions		☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	√
Gherkins tin		☒	☒	☒	☒	☒	☒	☒	☒	√	☒	☒	☒	☒	☒
Gherkins jar		☒	☒	☒	☒	☒	☒	☒	☒	√	☒	☒	☒	☒	☒
Pickled eggs		☒	☒	☒	√	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒
Pineapple rings		☒	√	☒	√	☒	√	☒	☒	☒	☒	☒	☒	√	☒
Drywhite vinegar	√														
Drywhite onion vinegar	√														
7-1 vinegar essence		☒	√	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒
Bacon		☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒	☒
Utterly butterly		☒	☒	☒	☒	☒	√	☒	☒	☒	☒	☒	☒	☒	☒
Flora margarine		☒	☒	☒	☒	☒	√	☒	☒	☒	☒	☒	☒	☒	☒

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